

Rostock | September 29, 2026

Press kit for PR-Event Stockholm: Tourismusverband Fischland-Darß-Zingst

Content

- The shoulder season on Fischland-Darß-Zingst: quiet shores, extraordinary nature experiences

Link to media database: urlaubsnachrichten.de/pressefotos

PRESS INFORMATION 13

17 August 2026

The shoulder season on Fischland-Darß-Zingst: quiet shores, extraordinary nature experiences

When the beaches grow quiet, the coastal forests glow and tens of thousands of cranes stop to rest, Fischland-Darß-Zingst reveals what may be its most impressive side. Autumn and winter are the perfect seasons for peaceful encounters with nature, intense light and special cultural and bad-weather activities on the peninsula and in the surrounding coastal hinterland.

Nature highlights: “Vorpommern Lagoon Area” National Park

Almost the entire peninsula is protected as part of the “Vorpommern Lagoon Area” National Park. The wild West Beach is famous for its wind-shaped, leaning trees and the constantly growing spit at Darßer Ort, where the lighthouse now stands around two kilometres from the northernmost point. Guided ranger walks, cycling tours and family tours provide expert insights into the area.

www.nationalpark-vorpommersche-boddenlandschaft.de/erleben-erholen/termine-veranstaltungen/rangerfuehrungen-im-ueberblick

Nature highlights: cranes and deer

Around 130 bird species breed in the national park, including Germany’s largest population of white-tailed eagles. In autumn, up to 70,000 cranes stop to rest here, flying noisily into their evening roosts at sites such as Pramort and the lagoon island of Kirr. The red deer rut in the dunes, with an unobstructed view of the Baltic Sea, is another unique natural spectacle.

www.fischland-darss-zingst.de/erleben/natur/kraniche.html

www.fischland-darss-zingst.de/erleben/natur/hirschbrunft.html

Favourite places for rainy days: art, natural history and photography

In the Baltic Sea resort of Ahrenshoop, the art museum presents around 800 works by the artists’ colony in award-winning architecture. Since the 19th century, the colony has captured the distinctive landscape and the light by the sea.

www.kunstmuseum-ahrenshoop.de

In the seaside resort of Born, the Forestry and Hunting Museum makes the world of forests and wildlife accessible to families. Highlights include full-body taxidermy displays of two stags fighting during the rut, as well as numerous hands-on stations.

www.fischland-darss-zingst.net/fdz/born-darss/museen/borner-forstmuseum-jagdmuseum.php

In Zingst, the Max Hüntten House has established itself as a media centre for photography, featuring a print studio, photography school, workshops and lectures. It also serves as a venue for events such as the environmental photography festival “horizonte zingst” and the Photo Autumn.

www.zingst.de/max-huerten-haus

The coastal hinterland: amber, Vineta and salt

In Ribnitz-Damgarten, the German Amber Museum, housed in a former monastery, presents one of Europe’s most important amber collections. The demonstration workshop shows how amber is processed into jewellery.

www.deutsches-bernsteinmuseum.de

In Barth, the Vineta Museum focuses on the legend of Vineta, the fabled trading city. The Barth Bible Centre uses an interactive exhibition to convey the art of printing, while the Papenhof Museum brings 500 years of the town’s history to life.

www.vineta-museum.de

www.bibelzentrum-barth.de

[www.stadt-barth.de/museum- papenhof.html](http://www.stadt-barth.de/museum-papenhof.html)

At the Salt Museum in Bad Sülze and the “Salztürme Trinwillershagen” Salt Experience Centre, the focus is on “white gold” – from the history of salt mining to the microclimate of the modern salt towers, which offer overnight accommodation and wellness facilities.

<https://salzmanufaktur-mv.de>

Accommodation: variety between thatched roofs and lagoon views

The region offers accommodation to suit every taste – from thatched-roof houses beneath old trees and hotels and guesthouses in the Baltic Sea resorts to holiday apartments in the quiet villages of the coastal hinterland. Many of these establishments have been awarded recognised quality seals. Whether travelling alone, as a couple, with family or with a dog, visitors will find suitable accommodation for every type of holiday between the Baltic Sea and the Bodden lagoons.

<https://www.fischland-darss-zingst.de/uebernachten.html>

Further information about the region: www.fischland-darss-zingst.de



Photo caption: Red deer rutting season in the Vorpommern Lagoon Area National Park at sunrise
(c) MV-TGross



Photo caption: The wild West Beach with its wind-shaped, leaning trees / seaside resort of Born
(c) Timm Allrich



Photo caption: Spit at Darßer Ort, where the lighthouse now stands around two kilometres from the northernmost point (c) MV-T Magda Lehnert

For further information, please contact:

Press contact

Simone Marks
Kommunikation und Stakeholder Management
Tourismusverband Fischland-Darß-Zingst e. V.
Im Kloster 15, 18311 Ribnitz-Damgarten
Mobil. 0176 42795539
E-Mail: Simone.Marks@tv-fdz.de
www.fischland-darss-zingst.de
www.facebook.com/tv.fdz